



# InCAS Distance Gala 2011

FIPRE - Glenrothes



Session 1 - Saturday 11th June

## Event 101 Boys 8-10 200 Metre Butterfly

Name	Age	Club	Time	50	100	150	200
1 Harris Bruce	9	InCAS	3:09.50	38.39	1:26.73	2:19.20	3:09.50

## Event 101 Boys 11-12 200 Metre Butterfly

Name	Age	Club	Time	50	100	150	200
1 Fraser Beeby	11	Carnegie	2:43.43	35.34	1:16.43	2:00.21	2:43.43
2 James Collyer	11	Carnegie	2:51.66	37.12	1:20.09	2:07.89	2:51.66
3 Jack Watson	12	Co Aberdeen	2:55.36	37.67	1:21.74	2:08.69	2:55.36
4 Arran Stowe	12	Fins	3:00.73	39.96	1:26.93	2:14.80	3:00.73
5 Stuart Niblock	12	Warrender	3:01.68	38.52	1:24.11	2:12.29	3:01.68
6 Cameron Macleod	12	Warrender	3:02.16	38.58	1:24.22	2:13.33	3:02.16
7 Hayden Moffat	12	InCAS	3:02.52	37.42	1:21.50	2:11.07	3:02.52
8 Brodie Savage	11	Warrender	3:08.01	39.75	1:29.01	2:19.61	3:08.01
9 George Clough	11	Warrender	3:12.51	38.94	1:28.13	2:20.16	3:12.51

## Event 101 Boys 13-14 200 Metre Butterfly

Name	Age	Club	Time	50	100	150	200
1 Eddie Watson	14	Co Aberdeen	2:32.18	33.70	1:11.52	1:51.55	2:32.18
2 Conor Nally	14	InCAS	2:37.04	34.35	1:15.08	1:56.45	2:37.04
3 Owen Green	13	Cupar	2:38.11	33.71	1:14.11	1:56.57	2:38.11
4 Murray Blair	14	Warrender	2:40.58	31.07	1:09.69	1:53.43	2:40.58
5 Callum MacGregor	13	Fins	2:45.28	35.70	1:17.56	2:02.83	2:45.28
6 Greg Turner	13	Burntisland	2:46.01	36.92	1:18.50	2:02.66	2:46.01
7 Fraser Meadows	13	Warrender	2:48.98	34.91	1:18.28	2:04.22	2:48.98
8 Andrew Hepburn	13	Warrender	2:53.66	34.89	1:18.94	2:06.16	2:53.66
9 Daniel Gibson	13	Co Aberdeen	2:54.50	36.47	1:19.56	2:07.12	2:54.50
10 Andy Webb	13	Co Aberdeen	2:56.67	35.74	1:20.50	2:09.57	2:56.67

## Event 102 Girls 8-10 800 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
1 Leighona Harper	10	InCAS	14:06.56	45.65	1:38.61	2:32.81	3:27.73	4:22.85	5:17.12	6:11.96	7:05.95
				8:01.57	8:55.61	9:49.64	10:44.33	11:38.14	12:32.47	13:20.99	14:06.56
2 Dana Brand	10	InCAS	14:09.08	47.60	1:41.58	2:35.64	3:31.14	4:27.88	5:21.70	6:16.57	7:11.00
				8:06.04	9:01.27	9:55.91	10:50.91	11:44.55	12:37.39	13:20.21	14:09.08
3 Erin Hogg	10	InCAS	15:26.86	49.81	1:46.72	2:43.92	3:41.89	4:41.50	5:42.12	6:42.04	7:41.94
				8:43.34	9:43.83	10:43.79	11:43.00	12:43.74	13:42.31	14:40.16	15:26.86

## Event 102 Girls 11-12 800 Metre Freestyle

Name	Age	Club	Time	50	100	150	200	250	300	350	400
				450	500	550	600	650	700	750	800
1 Lauren Pirouet	11	InCAS	9:45.97	31.92	1:07.25	1:43.92	2:20.77	2:57.56	3:34.88	4:12.38	4:49.84
				5:27.32	6:04.57	6:42.27	7:19.93	7:57.21	8:34.73	9:11.49	9:45.97
2 Elizabeth Lim	12	Warrender	9:57.50	32.45	1:09.16	1:46.48	2:23.75	3:01.20	3:39.21	4:16.93	4:54.69
				5:32.37	6:10.32	6:48.76	7:27.16	8:05.41	8:43.37	9:21.54	9:57.50
3 Brooke Gillies	12	Carnegie	10:07.70	33.75	1:11.35	1:49.79	2:28.53	3:06.83	3:45.29	4:24.62	5:03.04
				5:42.00	6:20.86	6:59.42	7:37.51	8:15.96	8:55.03	9:32.44	10:07.70
4 Ciara Mussen	12	Carnegie	10:52.32	36.03	1:16.70	1:58.24	2:40.06	3:22.00	4:04.14	4:45.60	5:27.04
				6:08.85	6:50.52	7:31.94	8:12.72	8:53.85	9:35.40	10:15.43	10:52.32
5 Ellie Neil	11	Warrender	10:53.82	36.27	1:17.13	1:59.12	2:41.55	3:23.20	4:04.85	4:45.68	5:27.65
				6:09.19	6:50.72	7:31.55	8:12.51	8:53.52	9:34.84	10:15.99	10:53.82
6 Megan McGhee	11	Carnegie	11:03.82	35.52	1:16.96	1:59.27	2:41.47	3:23.91	4:06.46	4:49.00	5:31.99
				6:13.75	6:56.60	7:38.77	8:20.49	9:02.84	9:44.75	10:26.25	11:03.82
7 Charlie Cavens	11	Warrender	11:17.65	37.84	1:19.27	2:01.03	2:43.70	3:26.27	4:08.30	4:50.80	5:33.93
				7:01.20	7:45.58	8:28.80	9:11.45	9:54.61	10:37.33	11:17.65	
8 Sophie Ross	12	Carnegie	11:27.73	39.46	1:22.17	2:05.71	2:49.64	3:33.72	4:17.76	5:01.98	5:45.41
				6:28.47	7:12.09	7:55.73	8:38.97	9:21.97	10:05.13	10:47.90	11:27.73



# InCAS Distance Gala 2011

FIPRE - Glenrothes



Session 1 - Saturday 11th June

## Event 102 Girls 13-14 800 Metre Freestyle

Name	Age	Club	Time	50 450	100 500	150 550	200 600	250 650	300 700	350 750	400 800
1 Eilidh Thomson	14	Co Aberdeen	9:43.30	31.40	1:07.02	1:42.99	2:19.68	2:56.57	3:33.42	4:10.32	4:47.43
2 Rachel Smith	13	Fins	9:53.68	5:24.41	6:01.80	6:39.19	7:16.55	7:54.19	8:32.00	9:08.84	9:43.30
3 Emma Rae	14	Co Aberdeen	9:56.71	32.16	1:08.33	1:45.40	2:22.87	3:00.52	3:38.01	4:15.42	4:53.39
4 Sophie Ewen	14	Buckie	10:02.30	5:30.52	6:08.17	6:46.23	7:23.67	8:01.25	8:39.11	9:17.04	9:53.68
5 Katie Macdonald	13	Warrender	10:21.11	31.94	1:08.03	1:45.11	2:22.83	2:59.27	3:36.68	4:14.21	4:51.87
6 Yvonne Lindie	14	Co Aberdeen	10:29.58	5:29.84	6:07.68	6:45.56	7:24.18	8:02.22	8:41.14	9:19.60	9:56.71
7 Lois Steuart	14	Warrender	10:35.61	32.79	1:09.58	1:46.99	2:25.24	3:03.32	3:41.78	4:20.19	4:57.81
8 Anne Cook	13	Co Aberdeen	10:38.87	5:36.11	6:14.31	6:52.50	7:31.33	8:09.84	8:48.22	9:26.36	10:02.30
9 Mhairi Gault	13	Buckie	11:05.25	33.95	1:11.56	1:50.06	2:28.95	3:06.99	3:45.41	4:24.57	5:03.16
				5:42.19	6:21.36	7:00.97	7:41.24	8:22.00	9:02.51	9:42.92	10:21.11
				35.72	1:14.92	1:54.47	2:34.92	3:14.86	3:54.74	4:34.54	5:14.51
				5:54.00	6:33.78	7:13.31	7:53.00	8:32.04	9:11.79	9:51.26	10:29.58
				34.80	1:15.21	1:57.31	2:38.50	3:18.43	3:59.17	4:39.41	5:19.56
				5:59.22	6:39.48	7:19.96	7:59.55	8:39.43	9:19.36	9:59.09	10:35.61
				35.72	1:16.37	1:57.47	2:38.51	3:18.90	3:59.74	4:40.13	5:20.40
				6:00.45	6:42.13	7:22.51	8:02.38	8:41.82	9:21.70	10:01.33	10:38.87
				38.67	1:20.68	2:02.80	2:45.61	3:28.03	4:10.00	4:52.29	5:33.86
				6:15.06	6:57.02	7:39.54	8:21.52	9:03.52	9:45.22	10:26.31	11:05.25

## Event 103 Boys 8-10 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
1 James Gray	10	InCAS	3:26.95	47.61	1:39.77	2:34.35	3:26.95
2 Harris Bruce	9	InCAS	3:31.90	48.97	1:43.81	2:38.71	3:31.90
3 Greig Rowe	10	Dunfermline	3:50.59	52.97	1:53.44	2:53.47	3:50.59
4 Calum Rae	8	Carnegie	4:32.69	1:03.32	2:13.68	3:25.02	4:32.69

## Event 103 Boys 11-12 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
1 Greig Reid	12	Carnegie	3:03.94	38.64	1:25.41	2:16.08	3:03.94
2 Brodie Savage	11	Warrender	3:08.63	43.39	1:32.37	2:21.57	3:08.63
3 Kyle Pate	11	Fins	3:10.14	44.81	1:33.64	2:22.63	3:10.14
4 Jack Watson	12	Co Aberdeen	3:14.03	43.76	1:33.32	2:24.59	3:14.03
5 George Clough	11	Warrender	3:16.05	43.95	1:34.45	2:26.32	3:16.05
6 Finlay Deans	11	Co Aberdeen	3:17.90	45.95	1:37.15	2:28.18	3:17.90
7 Hamish Neil	11	Carnegie	3:20.19	44.83	1:37.03	2:29.34	3:20.19
8 Cameron Macleod	12	Warrender	3:24.39	47.25	1:38.68	2:32.56	3:24.39
9 James Collyer	11	Carnegie	3:25.82	46.41	1:39.84	2:33.26	3:25.82
10 Ross Murray	11	Carnegie	3:32.35	46.99	1:40.48	2:36.51	3:32.35
11 Stuart Niblock	12	Warrender	3:37.77	51.10	1:46.70	2:43.07	3:37.77

## Event 103 Boys 13-14 200 Metre Breaststroke

Name	Age	Club	Time	50	100	150	200
1 Iain Rose	14	Warrender	2:36.81	34.17	1:14.82	1:56.36	2:36.81
2 Murray Blair	14	Warrender	2:38.38	35.68	1:15.22	1:56.15	2:38.38
3 Alistair Crichton	14	Warrender	2:44.43	35.60	1:17.42	2:00.38	2:44.43
4 Kieran Pate	14	Fins	2:47.60	38.41	1:21.14	2:05.35	2:47.60
5 Jamie Whitefield	14	East Lothian	2:53.04	38.33	1:22.29	2:08.38	2:53.04
6 Greg Turner	13	Burntisland	2:55.80	39.66	1:26.17	2:11.92	2:55.80
7 Andrew Hepburn	13	Warrender	3:01.00	40.58	1:27.20	2:14.16	3:01.00
8 Eddie Watson	14	Co Aberdeen	3:02.81	39.79	1:27.11	2:16.26	3:02.81
9 Andy Webb	13	Co Aberdeen	3:04.13	40.05	1:27.41	2:16.46	3:04.13
10 Daniel Gibson	13	Co Aberdeen	3:06.75	39.88	1:26.81	2:17.00	3:06.75
11 Christopher Fleming	13	Fins	3:08.91	41.88	1:30.28	2:19.29	3:08.91
12 William Pitman	13	Co Aberdeen	3:13.20	41.91	1:30.49	2:21.69	3:13.20
13 Callum Smith	13	Fins	3:14.35	41.75	1:32.52	2:24.01	3:14.35



# InCAS Distance Gala 2011

FIPRE - Glenrothes



Session 1 - Saturday 11th June

## Event 104 Girls 8-10 200 Metre IM

Name	Age	Club	Time	50	100	150	200
1 Eilidh Collyer	10	Carnegie	2:55.40	38.18	1:22.44	2:16.91	2:55.40
2 Sophie Annan	10	Dunedin	3:13.69	41.65	1:30.90	2:31.61	3:13.69
3 Eilidh Lister	10	Carnegie	3:21.25	45.10	1:34.74	2:36.71	3:21.25
--- Catherine Comrie	10	Burntisland	DQ				

## Event 104 Girls 11-12 200 Metre IM

Name	Age	Club	Time	50	100	150	200
1 Tain Bruce	12	InCAS	2:27.11	31.62	1:09.34	1:53.17	2:27.11
2 Sarah Donnelly	12	Carnegie	2:39.24	34.57	1:12.84	2:01.75	2:39.24
3 Elizabeth Lim	12	Warrender	2:40.27	35.09	1:15.56	2:05.42	2:40.27
4 Morven Rae-Seaman	12	Fins	2:42.11	37.06	1:16.26	2:06.71	2:42.11
5 Lauren Pirouet	11	InCAS	2:43.33	36.36	1:17.84	2:07.93	2:43.33
6 Fiona Angus	12	Co Aberdeen	2:43.58	37.02	1:15.91	2:06.36	2:43.58
7 Eilidh MacInnes	12	Co Aberdeen	2:53.54	39.46	1:22.76	2:15.44	2:53.54
8 Meg Paterson	11	Co Aberdeen	2:54.10	38.84	1:22.66	2:15.54	2:54.10
9 Ciara Mussen	12	Carnegie	2:54.62	39.15	1:25.97	2:16.38	2:54.62
10 Charlie Cavens	11	Warrender	2:56.93	42.63	1:24.73	2:18.44	2:56.93
11 Niamh Johnston	12	Co Aberdeen	3:00.93	40.26	1:24.23	2:18.81	3:00.93
12 Claire Lee	11	Carnegie	3:02.72	42.91	1:29.31	2:23.97	3:02.72
13 Emily Cross	12	Warrender	3:04.88	39.19	1:22.37	2:23.04	3:04.88
14 Lauren Kerr	12	Fins	3:07.42	45.77	1:31.53	2:24.28	3:07.42
15 Chloe Laird	11	East Lothian	3:09.20	45.24	1:35.62	2:31.08	3:09.20
16 Lucy Hallam	11	Carnegie	3:14.10	46.88	1:34.40	2:32.37	3:14.10
17 Rachael Graveling	12	Glenrothes	3:31.13	51.94	1:43.71	2:41.57	3:31.13

## Event 104 Girls 13-14 200 Metre IM

Name	Age	Club	Time	50	100	150	200
1 Emily Grant	13	Co Aberdeen	2:26.36	32.50	1:08.87	1:53.09	2:26.36
2 Louise Feenie	14	Glenrothes	2:32.26	32.18	1:10.81	1:56.83	2:32.26
3 Rachel Smith	13	Fins	2:35.85	33.38	1:11.88	1:59.02	2:35.85
4 Kirsty Niblock	14	Warrender	2:36.57	22.49	1:13.06	2:00.69	2:36.57
5 Sophie Ewen	14	Buckie	2:37.51	35.21	1:16.40	2:01.32	2:37.51
6 Eilidh Thomson	14	Co Aberdeen	2:38.08	34.92	1:15.04	2:01.84	2:38.08
7 Kirsty Ness	13	Co Aberdeen	2:39.15	33.36	1:13.69	2:02.39	2:39.15
8 Lucy Walkup	14	Glenrothes	2:39.84	35.04	1:18.15	2:03.28	2:39.84
9 Sophie Herbert	13	Buckie	2:40.41	35.59	1:16.68	2:05.08	2:40.41
10 Emma Rae	14	Co Aberdeen	2:42.08	35.28	1:17.24	2:04.58	2:42.08
11 Kirsty Wilson	14	Fins	2:46.42	35.64	1:18.24	2:09.07	2:46.42
12 Lois Steuart	14	Warrender	2:46.48	37.05	1:21.49	2:08.99	2:46.48
13 Harriet Gray	13	Fins	2:47.26	39.96	1:22.49	2:09.63	2:47.26
14 Anne Cook	13	Co Aberdeen	2:47.30	38.12	1:23.90	2:09.27	2:47.30
15 Corinne Beveridge	13	Co Aberdeen	2:47.84	37.46	1:20.86	2:09.05	2:47.84
16 Alice Gray	14	Warrender	2:48.83	36.29	1:20.28	2:12.05	2:48.83
17 Lindsey MacInnes	13	Co Aberdeen	2:49.27	35.95	1:19.12	2:10.63	2:49.27
18 Yvonne Lindie	14	Co Aberdeen	2:51.08	39.46	1:22.33	2:11.40	2:51.08
19 Katie Macdonald	13	Warrender	2:51.88	40.05	1:20.46	2:13.83	2:51.88
20 Emily Paterson	14	Fins	2:53.84	38.84	1:22.23	2:16.51	2:53.84
21 Mhairi Gault	13	Buckie	2:54.05	38.00	1:22.37	2:14.66	2:54.05
22 Ailidh McManus	13	East Lothian	2:57.83	41.76	1:26.76	2:17.14	2:57.83
23 Carrie McLennan	13	Carnegie	2:58.92	42.38	1:28.84	2:19.46	2:58.92
24 Gabby Gatherer	14	InCAS	3:00.31	39.86	1:26.77	2:18.36	3:00.31
25 Emma Scott	13	Fins	3:01.08	40.10	1:26.95	2:22.36	3:01.08
26 Alison Tate	13	Dunfermline	3:03.18	41.83	1:27.99	2:23.18	3:03.18
27 Stephanie Campbell	14	Fins	3:04.29	42.67	1:25.55	2:23.39	3:04.29
28 Hannah Munro	13	East Lothian	3:04.60	41.63	1:28.22	2:24.33	3:04.60
29 Megan Jones	13	Fins	3:06.31	42.41	1:31.47	2:23.93	3:06.31
30 Charis Bell	14	Fins	3:10.83	43.85	1:31.60	2:29.45	3:10.83
--- Laura Dow	13	Burntisland	DQ				